

Aims and Themes of the NWL Community Health and Wellbeing Plan

Appendix 6

Table 1 shows the priority group leads and emerging themes for year 1.

Table 2 shows what the CHWP aims to achieve within each life course.

Table 1

Priority	Lead	Themes
Cancer prevention	Dr Amit Patel (GP Federation)	<ul style="list-style-type: none"> • screening • prevention • post cancer care • inequalities
Hip fracture prevention	Kerry Jarvis (Integrated Care Coordination, LCC)	<ul style="list-style-type: none"> • hip fracture prevention • services • promote wider use of falls risk assessment tools to identify those at risk • complete bone strength questionnaire (FRAX) to assess medication needs
Overweight and obesity	Emma Knight (NWLDC)	<ul style="list-style-type: none"> • promoting a healthy weight environment • support for people to maintain a healthy weight • prioritise healthy weight through system leadership
Mental health	Inbal Bland (Leicestershire Partnership Trust)	<ul style="list-style-type: none"> • self-harm and suicide prevention • children and young people • waiting well • severe mental illness register – patient support

Table 2

Life Course	Priority	Aim
Best Start in Life	Breast feeding initiation	<ul style="list-style-type: none"> • Increase breastfeeding initiation rates • Support available to sustain breastfeeding • Making Every Contact Count at 6 week checks • Reduce inequalities face by 'lockdown babies' and their parents
Staying Healthy, Safe and Well	Obesity and Overweight Cancer Prevention Mental Health Carers Learning disabilities Diabetes	<ul style="list-style-type: none"> • Reduce the percentage of people who are classified as overweight or obese. • Increase the percentage of the population that is active. • Maintain the below average smoking rates for routine and manual workers and reduce the smoking rate to below the England average. • Improve the Covid-19 vaccination rates in appropriate areas.

		<ul style="list-style-type: none"> • Support for carers in the district. • Support prevention work and improve screening, early diagnosis and support following a cancer diagnosis. • Consider if more specific focus needs to be given to the needs of veterans and men in the area.
Living and Supported Well	<p>Hip fracture prevention Dementia Diabetes Learning disabilities Carers Mental Health Cancer (treatment /prehab)</p>	<ul style="list-style-type: none"> • Reduce hip fractures for people aged 65 and over to align performance with regional and national averages. • Increase dementia diagnosis rates to meet the national target of 67% and ensure people are diagnosed early and offered appropriate support and treatment. • Ensure care home residents and staff are offered the right services and support. • Ensure those who do not meet the threshold for social care are signposted to other appropriate services. • Ensure ease of access to appropriate services. • Diabetes support • Support residents with LD/SEN
Dying Well	<p>Cancer Dementia Diabetes Carers Learning Disabilities Mental health</p>	<ul style="list-style-type: none"> • More holistic approach to end-of-life care that prioritises patient's wishes and supports their families, into bereavement and grief support. • Ensure easy transition between the hospital and the community/home with appropriate information sharing between different service providers.